

## Paneer Broccoli DIP

(Serves 4. Prep Time: 5mins)

## Ingredients

100g fresh Paneer, low-fat preferable 40 44 tsp salt 4

400g Broccoli

¼ tsp pepper

## Directions

Puree the broccoli, cottage cheese, and salt in a food processor until smooth

Serve with DIP Pita Chips or use as a filling for DIP Canapés

