



Chive DIP

(Serves 4. Prep Time: 15mins)

Ingredients

¾ Cup low fat sour cream
1 small shallot, minced
1 tbsp fresh chives, chopped

50g soft goat's cheese
1 tbsp fresh lemon juice
¼ tsp salt

Directions

In a small bowl, combine the sour cream, goat cheese, shallot, lemon juice, chives, salt, and ¼ cup of water and stir until smooth

Serve with DIP Masala Sticks

